

Pray Then Like This: Part 2

We have already talked about some of the foundational principles of prayer. Do you remember what they are?

Prayer is _____.

Now, since prayer is the way we _____ with God, what do we say? Have you ever been praying and not known what to say? There five different things that our prayer should incorporate:

Praise and Adoration

Today lets discuss praise and adoration. Christ probably prayed more than anyone ever in the world's history. The Bible is full with scripture referencing Jesus praying alone, praying in a desolate place, praying with people. If the King and Ruler of the entire universe, who created all things and all things were created for, prayed, how much more we ought to!

So what is praise and adoration? In the space provided write down what you think praise and adoration is.

Who in your life do you adore? Who do you have great reverence to? People who are deserving of praise and reverence would be the president, Ghandi, Mother Teresa, because of who they are or the offices they hold. The Character and the nature of the individual to be praised is extremely important because that is why they deserve to be praised.

But what about God? How do we praise Him? List some of the ways that we praise God. Be creative and think outside of the box.

Lets look at Luke 11:1-2.

“He was praying in a certain place, and when He finished, one of His disciples said to Him, ‘Lord, teach us to pray, just as John also taught his disciples.’ He said to them ‘When you pray, say: Father, your name be honored as holy. Your Kingdom come.’”

Notice that Jesus first addresses the prayer, *“Father”*. Think about that, when we pray, we are speaking to God, the Author of all life; yet, we are allowed call Him Father.

There are two things that we do when we call God *“Father”*.

1.

2.

After we address God as our Father, we give him praise and glory. Listen to what Jesus says *“ Your name be honored as holy. Your Kingdom come.”*

When we pray and praise God before we do or ask anything we are elevating Him to the proper place in our lives. Darrel Bock says that the prayer Jesus is teaching His disciples is a way that we establish God’s character and authority... once we reflect on who God is, we can better approach him with our requests.

Spend the next few minutes praising God in quiet prayer, reflecting on who He is in your life and what He has accomplished through Jesus our savior. This might include singing praise to Him, or, telling Him of His apparent greatness.

Here are some Names of God in scripture to help you prayer more effectively through praise.

King of Kings: 1 Tim. 6:15; Rev. 19:16; ***Lord of Lords***: 1Tim. 6:15, Rev. 19:16

Lamb of God: John 1:29; ***Life***: John 11:25; ***Deliverer***: Romans 11:26; ***Almighty***: Rev.

1:8; ***Alpha and Omega***: Rev. 1:8; ***The Christ***: Matthew 1:16; ***Chief Shepherd***: 1 Pet. 5:4

Author and Perfecter of our Faith: Heb. 12:2

There are many more, I encourage you to try to find some more and use the in your prayer time.